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Founded 1957

Newsletter:- Summer Term 2011 (Part 2)

To all Swimmers & Parents (*Please read*)

Now that half term is completed we have a good run until the end of term. The final dates for swimming are inside so make a note of them. As usual the last swim at the Sheredes sessions will be a fun swim. This means that all the Thursday width swimmers can attend from 6.00pm to 7.00pm and Friday width swimmers from 6.30pm to 7.30pm. All length classes attend at normal times.

I am pleased to say that our membership numbers are on the increase but we still need more to reach the acceptable number. Keep up the good work and let all your friends & relatives know about us.

The application forms for our annual club championships are now available so make sure you obtain the forms and return them by the given date. Further details are inside.

Do not forget the Family Fun Day on Sunday 10th July, you are all welcome to attend this free event for all the family. Again more details are in the newsletter.

Some superb news is that our gala swimmers came **first** in the Welwyn Garden SC Goldstone trophy gala and have received the trophy for this event. The report was in the local paper but unfortunately they did not print the photo sent to them. This is inside so have a look at it. Also make sure that you look at your times for your events and see if you obtained a new personal best time. If you did not do not worry but have a look at how close you were to your best time so that you will know how fast to swim next time. All gala times are displayed by the desk on swim nights.

Philip Hutchinson
Treasurer

Term Dates

The dates for the end of Summer Term are as follows:-

Thursdays:- 21st July
Fridays:- 22nd July
Tuesdays:- 26th July
Wednesdays:- 27th July

There will be **no** swimming during the month of August as this is our summer break.

Details of when we restart in September are listed below:-

Fridays:- 2nd September
Tuesdays:- 6th September
Wednesdays:- 7th September
Thursdays:- 8th September

Club Championships

This year there are many changes in the format of our Annual Championships.

They will be taking place at John Warner Swimming Pool, Hoddesdon, over **two** Saturday Sessions **on 24th September & 1st October**. The start of each session will be **7.00pm, with the doors opening at 6.30pm**.

Some of the younger age group events will now be over shorter distances and the age groups for the medley events are now evenly altered allowing two more events to be competed for.

The date of each event will be shown on the events list and this form along with the entry form will be available from 7th June and will need to be returned no later than **1st July 2011. NO LATE ENTRIES WILL BE ACCEPTED UNDER ANY CIRCUMSTANCES.**

The championships are open to all members of the Club who have joined 90 days prior to the commencement of the Championships i.e. 27th June. Every swimmer of the club, who is competent to swim the distance and stroke for their relevant age group, is expected to enter as many events as possible and to turn up for the event. All competitors will also be expected to represent the club in competitive galas against other swimming clubs if requested to do so. Those participating in **Gala Squad** training/coaching are expected to enter as many events as possible. Non-participation will result in you losing your place at John Warner pool as these places are now urgently required for new swimmers who are progressing into the gala squad.

If you are unsure as to which events to enter then please ask your teacher/coach who will give appropriate guidance to you.

Further full details on “what to do at the championships” will be included in the newsletter sent out before the start of the Autumn Term.

It is hoped that swimmers will not look at events and decide that they will not enter just because they feel “*I can't win it*”. If we all took this attitude then we would never participate in anything. Enter every race you can and enjoy yourselves.

WGSC Goldstone Gala

Our small group of gala squad swimmers attended the recent Welwyn Garden SC Goldstone trophy gala and came home as victors with the trophy.

By midway through the gala the squad was slightly behind and a great effort was made to ensure victory at the end. A total of 39 new personal best swim times were achieved on the night along with twelve 1st place and eleven 2nd place finishes.

A superb effort by all the team and below is the photo taken of them at John Warner with the trophy. A few were unable to attend when the photo was taken but I have included their photos separately.



Family Fun Day

Our popular annual free event will be on Sunday 10th July and it will be held at Sheredes School playing fields between 2.00pm and 5.30pm.

All swimmers and families are welcome to come along and participate if you want to, in the rounders, treasure hunt (for the little ones), bouncy castle and egg throwing. The tug-of-war will also be held, which is always popular with so many.

We are currently looking to see if we can organise the BBQ again and also have some drinks available.

Bring your own chairs and have a great afternoon, with other families of the club, sitting out in the open air whilst the children run around.

Swimmers Achievements

Apart from swimming a lot of our swimmers make great achievements in other sports or activities and also in charitable work. I have picked these out from the local paper but I know there are many more. If you have achieved something then let me know so that I can put it in future newsletters.

James McCarthy:

Congratulations on receiving your Army Proficiency Certificate with the local Bedfordshire and Hertfordshire Army Cadet Force

Harry O'Donnell:

Congratulations on winning the East Hertfordshire District Cubs football tournament with the 1st Broxbourne Heron Cubs team.

Charlotte Trayhorn, Poppy Brown & Sarah McCarthy:

All helped to celebrate the Royal wedding at their local street parties. From the pictures in the paper they certainly had a good time.

Charlie & William Blay along with mum & dad Helen & Martin:

They all helped, on Helen's birthday, to organize a fund raising event at Roseland's Scout hut where Martin is a leader. With other funds raised a total of £1400 was given to the charity Teens Unite Fighting Cancer. A splendid effort for a local charity.

I would have liked to put pictures of them all in this newsletter but unfortunately it would have made it too big a file to send out to you all.

Our congratulations go to all of them and remember if you do something similar (it does not have to be in the local paper) then let me know and I will put it in the newsletters.

Swimmer of the Month

Congratulations to the following recipient of our monthly award:-



April: James Kettle



May: Eliza Ball